

Life Changing Stories



My 4 year old daughter started a new preschool. After the first day she was congested and coughing. We had her treated by her regular doctor but she continued to exhibit these symptoms. We took her to a NAET® practitioner and she

was able to immediately identify she was allergic to mold. After just one treatment my daughter had no further allergic reactions and came home each day happy and healthy. NAET® was simple, easy and effective!

Russell W.

When I became pregnant, I struggled with nausea, fatigue and depression. After a few NAET® treatments I am symptom free! I have much more energy and less nausea at an earlier time in this pregnancy than I did in the previous four. I would highly recommend NAET® for women who are pregnant.

Amy G.

My 12 year old son had been unable to eat any foods with egg with out having a severe reaction. But now after doing NAET® treatments he has had French toast and cupcakes with whole eggs in them with no reaction. He is able to eat any new food without problems and has never been sick.

Laura

**Remarkable relief
is now possible!**

Cathy Goldstein is founder of IHAC and has 25 years of experience helping over 10,000 patients look and feel great. She is a highly requested conference speaker and travels the U.S. teaching the benefits of alternative medicine. She constantly strives to bring new and innovative techniques to her patients and fellow professionals to help them lead healthier and happier lives.



Dr. Dana Gaus received her degree in chiropractic from The National College of Chiropractic in Chicago, Illinois. In addition to being a licensed chiropractor, she is also certified in acupuncture with a specialization in fertility techniques, a licensed clinical nutritionist, and trained in NAET® and NET. She is passionate about educating and treating her patients. She is a welcome addition to IHAC!



**Integrative Health
and Allergy
Center**

*Health Requires Action
We Provide the Steps*

Integrative Health and Allergy Center

100 Executive Way, Suite 114
Ponte Vedra, FL 32083

Phone: 904.280.3733
www.healthandallergy.com

NAET® Allergy Elimination Technique



Stay Free of Allergies for Life!

**Could Your Health
Problems be Allergy
Related?**

**Don't Live with
Allergies - Eliminate
Them!**

Safe, natural, highly
effective breakthrough
treatment that detects
and eliminates all types
of allergies

Imagine...being free of allergies!

Are you one of the 35 million Americans who know you have allergies and pray daily for relief? The discovery of NAET® treatment came as incredible, welcomed news. For the 50% of Americans (128 million people) suffering from various health problems caused by allergies not yet known to them, NAET® will come as an astonishing surprise.



Be Allergy Free For Life!

Benefits of NAET

Identifying and eliminating allergies helps your body return to its normal balance preventing future health problems. Energy is no longer wasted on allergic reactions, but instead can be spent on detoxifying and healing.

NAET® assists by re-educating the body to respond appropriately to a substance. Healthy foods and nutrients can then be used for growth and maintenance.

Allergies are the problem
NAET® is the solution!

Safe, natural,
drug-free, painless,
non-invasive,
quick and effective

Are allergies keeping you from fully enjoying life?

An allergy is a disorder of the immune system which occurs from environmental substances known as allergens. An allergic reaction can come from just about anything: food, drinks, drugs, herbs, vitamins, clothing, jewelry, chemicals, paint, silicone, latex, pollen, grasses, etc.

NAET® can be used to treat unrecognized and unsymptomatic allergies that can cause illness or disease later in life.



Treatments are Safe for Infants and Toddlers

And NAET® can complement conventional medical therapies requiring the use of pharmaceutical drugs, such as antibiotics, chemotherapy and radiation.

NAET® can transform people who are acutely or chronically ill into healthy, happy, allergy-free human beings.

NAET® Can Treat These Symptoms:

Asthma
Sinusitis
Autism
Eczema
Psoriasis
Infertility
Headaches
Skin conditions
GI Disorders
Hypoglycemia
Hormone imbalance
Chronic ear infections
Inflammation
IBD
Menopause
Acne
Dizziness
Depression
Fatigue
Chromosomal
Insomnia

Allergic reactions to:
Peanuts
Shellfish
Wheat
Gluten
Dust
Hay Fever
Dust
Pollen



Experience freedom from allergies today!

Call for your free initial consultation. The first appointment will include a medical history, explanation of NAET® and a plan of action for future treatments.

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